

Island Palm’s recognized

See p. B-3.



3rd BCT conducts jungle ops

CAPT. GRANT STONE

2nd Battalion, 35th Infantry Regiment
3rd Brigade Combat Team
25th Infantry Division

SCHOFIELD BARRACKS — A Soldier loops his boots through the shoulder straps of his rucksack before pulling himself across the muddy water of a stream using a one-rope bridge. As part of the inaugural rotation, Company A, 2nd Battalion, 35th Infantry Regiment, 3rd Brigade Combat Team, 25th Infantry Division, is conducting waterborne operations training during a Jungle Operations Training Course (JOTC). Following the closure of Fort Sherman, Panama, in 1999, and multiple deployments to the Middle East in support of operations En-

during Freedom and Iraqi Freedom, the tactics, techniques and procedures used in jungle warfare have been largely lost. The course is the result of a 25th ID initiative that’s been a long time in the making. JOTC is designed to rebuild those skills and prepare Soldiers to operate in the difficult environmental conditions of the Pacific Command area of responsibility. Though the Army has long recognized the need to reinvigorate a jungle training program, it took the detailed planning and hard work of

multiple units, as well as individuals from across the division, that have made JOTC a reality. Division leaders attended foreign jungle training schools to become experts in jungle operations and now form the core of the Lightning Leader Academy’s Jungle Instructor Cadre. To develop the course concept, division leaders looked to 2-27th Inf. Regt. Through the summer and fall of 2013, 2-27th Inf. Regt. designed and validated the structure of the course into its current form. Apache Co. Soldiers executed the jungle

skills phase of the course, where they learned how to efficiently waterproof their equipment to withstand the constant exposure to water and moisture inherent in jungle operations. “I think the training for the Soldiers was a real eye opener, a different aspect of training they haven’t experienced before,” said Sgt. 1st Class Scott Bessette, platoon sergeant, Co. A, 2-35th Inf. Regt. Jungle skills training included rope-assisted movement techniques to facilitate patrolling in rugged terrain, field expedient communication methods, jungle specific medical techniques and patrolling tactics. The second phase of the training is a multiple-day, live-fire training exercise. It was then the Soldiers needed to remember what they’d learned in phase one and apply it to their current situation. “The biggest thing I have taken away from this training is tactical patience,” said 1st Lt. David Junta, platoon leader, Co. A, 2-35th Inf. Regt. “Not being able to see long distances in front of us due to the terrain, it forces us to be more patient.” Once the company had finished with the live-fire portion of the training, it headed out to East Range where it conducted tactical exercises, such as patrols and reconnaissance mis-

See JOTC A-4



Photo by Sgt. Sean Freiberg; 2nd Battalion, 35th Infantry Regiment; 3rd Brigade Combat Team; 25th Inf. Division

Warriors from Co. A, 2-35th Inf. Regt., 3rd BCT, 25th ID, use a poncho raft to tactically maneuver down a river during the first phase of jungle training. (Photo has been altered from its original form; background elements have been removed.)

2nd SBCT deploys to Thailand in support of Cobra Gold 14

Story and photo by
SPC. TYLER MEISTER

117th Mobile Public Affairs Detachment
Hawaii Army National Guard

PHITSANULOK, Thailand — With just a few days until the official start of Exercise Cobra Gold 2014, the U.S. Army’s main body of approximately 500 Soldiers from the 2nd Stryker Brigade Combat Team, 25th Infantry Division, and selected 25th ID staff sections slated to participate in the field training exercise, landed, here, Feb. 6. The 25th ID Soldiers will work side-by-side in diverse terrain with numerous nations during a series of combined arms live-fire exercises, amphibious landings, a strategic airdrop and multinational events. “I’m excited to work with the Royal Thai Army

and see Thailand for the first time,” said Staff Sgt. Benjamin Hewitt, squad leader, Headquarters and Headquarters Company, 1st Battalion, 21st Infantry Regiment, 2nd SBCT. “We will be supporting squad-level fire exercises where we can learn and teach each other.” Like Hewitt, this occasion will be the first time in Thailand for many of the 25th ID Soldiers. Many of them expressed a sense of excitement and curiosity at the opportunity to explore Thailand and interact with the various nations involved. “This will be my first time in the Asia-Pacific region,” said 1st Lt. Steven Poland, platoon leader, 1-21st Inf. “I look forward to interacting with the

See CG14 A-3



1-21st Inf. Regt., 2nd SBCT, 25th ID, arrives at Phitsanulok International Airport, Mueang District, Kingdom of Thailand, Feb. 6. They are the U.S. Army main body participating in Cobra Gold 2014.

Operation Foal Eagle 2014 begins

2ND LT. NATHAN SITTERLEY
3rd Squadron, 4th Cavalry Regiment
3rd Brigade Combat Team
25th Infantry Division

SCHOFIELD BARRACKS — The warriors of Blackfoot Troop are set to deploy to South Korea for Operation Foal Eagle, a combined military exercise with the Republic of Korea armed forces in the first half of 2014. The 3rd Squadron, 4th Cavalry Regiment, 3rd Brigade Combat Team, 25th Infantry Division, will travel to the ROK for training designed to test the wits and the adaptability of Soldiers conducting mounted and dismounted movement using live ammunition. “The combined arms live-fire exercise will be the culminating event between the ROK and Blackfoot Soldiers,” said Capt. Stephen Paavola, plans officer, 3-4th Cav. Recent focus on physical training, reconnaissance tasks and marksmanship will give Soldiers the confidence they need to fully submerge themselves in exercise, according to Capt. Adam Reams, commander, Blackfoot Troop. Soldiers have been participating in physi-

cal training twice per day in order to overcome the main factors that can influence this training the most: the weather and terrain. “Our Soldiers must prepare themselves, their equipment, and then give everything they got when they are over there,” said 1st Lt. Salvatore Minipoli, platoon leader, Blackfoot Troop. Certain limitations are present when training with a foreign nation. The main barrier is the language. “The tactical language we will use is English; however, the Soldiers must learn some Korean to bond with their allied counterparts,” said Reams. Blackfoot Troop will gain insight on culture different than our own, and should expect world-class training to come away with new experiences and a few new friends in the process. Even though the terrain will be rough, and the temperature will be cold, Reams insists that his Soldiers will train hard, enjoy this trip, learn as much as possible and build a closer bond through the training. “It is not always about us; we sometimes forget that,” said Reams.



Photo courtesy 3rd Squadron, 4th Cavalry Regiment; 3rd Brigade Combat Team; 25th Infantry Division

Blackfoot Troop, 3-4th Cav. Regt., 3rd BCT, 25th ID, prepares for its next air assault mission during recent training leading to its upcoming deployment to South Korea.

DEPLOYED FORCES

Sappers refresh combat lifesaving skills

1ST LT. LAURA BETH BEEBE
Joint Task Force Sapper Public Affairs
(130th Engineer Brigade,
8th Theater Sustainment Command)

KABUL, Afghanistan — Engineers with Joint Task Force Sapper Headquarters recently completed a refresher course on combat lifesaving skills. The course was one of the ways that the Soldiers with Headquarters and Headquarters Company, 130th Engineer Brigade, have continued to improve their proficiency in basic tasks. The JTF Sapper headquarters recently established a Personnel Security Detail (PSD) after moving its headquarters to Kabul, the country’s capital. This move was critical because as the Afghan army’s National Eng. Bde. (NEB) gains momentum, the face-to-face interaction with key personnel is needed to further advise the Afghan National Army’s engineer leaders. The NEB headquarters will call Ghazi (also located within the Kabul limits) home. The PSD will give the The-

ater Eng. Bde. (TEB) commander the ability to now move around the Kabul limits to conduct these critical interactions. “When we arrived to (New Kabul Compound) and were told that vehicles were going to become part of the PSD, the guardian angel duties that used to only involve myself and Sgt. 1st Lt. Bryan Pruitt, Joint Task Force Sapper Headquarters Master Sgt. Agustin Cruz (left), PSD, JTF Sapper, applies a tourniquet to Sgt. 1st Class Jeremiah Galyon, future plans NCO, JTF Sapper, during a medical training course at NKC. The unit revisited basic Soldier skills after completing half of its deployment.

See SAPPERS A-3



1st Lt. Bryan Pruitt, Joint Task Force Sapper Headquarters

Master Sgt. Agustin Cruz (left), PSD, JTF Sapper, applies a tourniquet to Sgt. 1st Class Jeremiah Galyon, future plans NCO, JTF Sapper, during a medical training course at NKC. The unit revisited basic Soldier skills after completing half of its deployment.

(Photo has been altered from its original form; background elements have been removed.)



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Police Call

Army seeks to de-escalate disputes

COL. MARK JACKSON
Director, Emergency Services,
U.S. Army Garrison-Hawaii, and
Commander, 8th Military Police Brigade,
8th Theater Sustainment Command

In any relationship, whether it is amongst friends, spouses or family, disagreements can and will occur.

In some instances, these disagreements can escalate to the point of causing a disturbance in the local community. Worse situations result in physical violence between the two parties. However, most cases remain verbal disagreements that are de-escalated prior to the Military Police’s arrival.

Concerned neighbors or family members may call the police requesting assistance in calming down a scene and preventing any further escalation. When MPs respond to a scene, certain actions are taken, regardless of whether any violence was involved.

If no assault or crime is committed at a domestic disturbance, neither of the involved parties are charged. However, the chain of command is still notified and called to the scene.

Depending on the circumstances, the MPs or social work services may recommend a 72-hour physical separation period, to be enforced by the chain of command. In most instances, the service member is moved to a room in the barracks, while the family member stays in the on-post residence.

A synopsis of the incident (to include the names of people involved) appears in the daily MP blotter.

Additionally, the MP Station forwards

details to other outside agencies tasked with helping the family prevent such instances in the future. Notifications are made to social work services, the family/victim advocate program and/or the Army Substance Abuse Program (if alcohol was involved). Ultimately, these organizations and the chain of command are best able to assist these families in overcoming their issues and improving relationships.

As there was no crime committed, the goal is not to punish individuals, but rather to direct them towards the help they need in order to prevent an escalation that may later result in a criminal act.

The following are excerpts of actual MP blotter entries from U. S. Army Garrison-Hawaii. Subjects are innocent until proven guilty.

Report of Incident: Domestic Disturbance Without Assault

•Jan. 11, MPs responded to an ongoing domestic disturbance in Housing Area X and found that a service member and her spouse were involved in a verbal dispute over the cleanliness of the kitchen. There was no physical contact during the dispute. The Soldier was released to her unit and the chain of command was advised of the recommended



Jackson

72-hour separation period.

•Jan. 13, the Schofield Barracks Police Station responded to a domestic disturbance that occurred in Housing Area Y. A service member and his spouse were drinking in their home when the two began arguing over Facebook messages concerning the spouse’s whereabouts over the weekend.

The Soldier accused the wife of hitting him in the back several times with a closed fist, and the wife accused the Soldier of shoving her against the front door. MPs were unable to find evidence substantiating either report.

The couple was administered portable breath tests, which resulted in a 0.052 and 0.031 BRAC, respectively. The Soldier was released to his unit representative, and his chain of command was advised of the recommended 72-hour separation period.

Policy memos

For further details on the 72-hour separation policy, please read USAG-HI Policy Memo #8 (72-hour Physical Separation of Parties Involved in Domestic Violence).

Review the Family Advocacy Program at USAG-HI Policy Memo #5 (Army Family Advocacy Program for Army in Hawaii). Visit www.garrison.hawaii.army.mil/command/documents.htm for both memos.

BRIDGING THE BASICS

How do you internalize our code of conduct?

SGT. 1ST. CLASS LYNNETTE MACK
18th Medical Command
(Deployment Support)

Let’s explore the definition of a code of conduct and see how we can apply it as leaders to motivate our Soldiers to do the same.

Webster’s defines code of conduct as “a set of conventional principles and expectations that are considered binding on any person who is a member of a particular group.”

The set of conventional principles we have is clear and laid out for us in the Army Values.

No matter which Army regulation or article of the Uniform Code of Military Justice you read, they all center on our core “set of conventional principles and expectations.”



Mack

The next part of the definition states these principles and expectations are “binding on any person who is a member.” As a valued member of the greatest armed forces in the world, it provides me great comfort to know that I and those serving alongside me are expected to follow the same code of conduct. This area is where we, as leaders, have the greatest impact on Soldiers.

Set the example! Do not expect your Soldiers to do anything you aren’t willing to do. It doesn’t matter if you’ve served your time, been there and done that. If you aren’t willing to remain a Soldier from the day you began until your retirement date, don’t be shocked when your Soldiers behave likewise.

As a senior noncommissioned officer, I’ve seen the Army make many changes to adapt to the times to accomplish the mission. The most recent were “Back to the Basics,” and now “Bridging the Basics.” These concepts strive to rebuild, reinstitute, reinforce and revitalize our code of conduct. Leaders across

all levels accomplish these standards by setting and living the example. Do what you say and say what you do!

As a leader, my duties and responsibilities have expanded as I have moved up through the ranks. There were many lessons and experiences that I’ll never forget that have made me a better leader and Soldier; there are many reasons for why I do what I do. I don’t do things for any other reason other than the fact that I have internalized our code of conduct; it’s our set of conventional expectations that are binding on all members of our group.

Lastly, the definition mentions “of a particular group.” The “a” signifies a singular unit. We are a part of one group. Why is it so often that we take it amongst ourselves to subdivide into separate groups? Separate groups breed separate conventional principles, expectations and conduct.

One group, one code!

Again, how do you internalize our code of conduct? I internalize it daily by

Army Values

The seven core Army Values are what being a Soldier is all about.

Loyalty	Selfless Service
Duty	Honor
Respect	Integrity
Personal Courage	

remembering I’m a member of a particular group, and there is a set of conventional principles and expectations that are considered binding on me as long as I am a member.

I don’t walk around with my uniform pressed or my chest puffed out, but it is apparent in my military bearing and command presence that I’m a proud member of the Army.

I live by the Army Values and their code of conduct.

Army Strong!

FOOTSTEPS in FAITH

To seek help when you’re suffering, ask the right source

CHAPLAIN (CAPT.) SANG PAK
45th Sustainment Brigade
8th Theater Sustainment Command

“You, Lord, are forgiving and good, abounding in love to all who call to you. Hear my prayer, Lord, and listen to my cry for mercy. When I am in distress, I call to you, because you answer me.”

Psalms 86:5-7

It happens more often than people seem to realize. People suffer.

Perhaps you are going through something yourself?

Often, when people suffer, they go through it alone. No one seems to know

why and when tragedy occurs, and we are often left scratching our heads wondering what just happened.

Is it truly any wonder? After all, how many of us seek help when we are in need?

Society has shaped us in such a way that asking for help is often seen as being weak.

And then, there is also the area of trust. We do not exactly know what others



Pak

will do or how they will treat us if they suddenly realize that we are lacking and need their help.

Recently, actor Philip Seymour Hoffman died of an apparent heroin drug overdose. I often wonder about those who die from substance abuse. What kind of lives did they live? What led to the use and/or abuse of that particular substance? Why are they often alone when overdoses occur? Were they going through any sort of emotional pain, and if so, why didn’t they seek help?

Mr. Hoffman was such a great actor and to lose him — to lose anyone — is such a tragedy.

And so the question remains: To whom can we turn to when we suffer and feel there is no one we can trust?

One answer lies in the Psalms passage. We can always trust God, for he is not limited by time and space.

Are you suffering in any way? Having a hard time trusting the people around you? Trust God!

All you have to do is call out to him; he is waiting.

Your unit chaplain is a great resource for you to learn how to connect with God through prayer. If you are going through a difficult time, I encourage you to seek out your chaplain or another person of faith.

Voices of Ohana

Presidents’ Day is Feb. 17; February also is Youth Leadership Month.

“Who do you consider to be a strong leader?”

Photos by 8th Theater Sustainment Command Public Affairs.



“Oprah Winfrey. ... She is a kind, charitable person who is also open-minded. She believes in people.”

Sgt. Maj. Donald Crowder
Sergeant major, 516th Sig. Bde., 311th SC (T)



“I think Hillary Clinton is (a strong leader). Despite her challenges, she has been able to get a seat in the Senate.”

Maj. Mcreddi Cruder
Patient admin officer, USARPAC Surgeons Office



“I believe that President Kennedy was a very strong leader. He did what all the other presidents were afraid to do by integrating all the schools.”

Bo Dasilba
Military spouse



“To me, a strong leader is Dr. Martin Luther King Jr., just by the way he fought for equality without using any violence.”

Staff Sgt. Ian Knight
TAF and AV, 196th JPRMC



“President Obama is a strong leader to me. He’s a Punahou grad; he’s got to be good.”

Mel Yap
Civilian contractor and retired Navy captain

COBRA GOLD 2014



Photos by Spc. Tyler Meister, 117th Mobile Public Affairs Detachment (Hawaii)

PHITSANULOK PROVINCE, Kingdom of Thailand — Dignitaries from participating nations of Exercise Cobra Gold 2014, above, join hands during the opening ceremony at Camp Akatosarot, Mueang district, here, Feb. 11.

Now in its 33rd iteration, CG 14 is a Thai-U.S. co-sponsored exercise committed to improving regional partnership, prosperity and security in the Asia-Pacific region.

At right, Kristie Kenney, the U.S. ambassador to Thailand, greets Col. Lance Koenig, operations officer, 8th Theater Sustainment Command, during the opening ceremony.



66th Engineers perform first bridge

STAFF SGT. SEAN EVERETTE
2nd Stryker Brigade Combat Team Public Affairs
25th Infantry Division

SCHOFIELD BARRACKS — The 66th Engineer Company, 2nd Stryker Brigade Combat Team, 25th Infantry Division, performed the first portable bridge slingload operation in the history of its unit, Feb. 5, at the East Range Training Complex, here.

1st Lt. Eric Anderson, platoon leader, mobility support platoon, 66th Eng. Co., 1st Battalion, 14 Infantry Regiment, said that a bridge slingload operation is a rare event and that the Soldiers of the 66th jumped at the chance to participate.

“The 66th has never had the opportunity to do this before,” Anderson said. “Our Soldiers thought it was pretty cool to contribute something significant to the history of the unit.”

Even though this event was training, every-

thing the Soldiers did translates into exactly what they would do in a real-world situation.

“We did so many practice runs that when it came to the real thing, we did it perfect and everything went according to plan,” said Pfc. Demarcus Shaw, a heavy equipment operator with the 66th Eng. Co.

First, explained Shaw, the M1120 Heavy Expanded Mobility Tactical Truck Load Handling System laid the Rapidly Emplaced Bridge flat on the ground.

“Then the CH-47 came through and picked it up,” he said.

Even though the operation was a complete success, the team still had to be flexible and make some adjustments.

“When we practiced, we didn’t have the CH-47 come through,” said Shaw, “so when we did the real thing, we realized there was a height require-

ment (to reach the helicopter). But we got everything adjusted and carried on with our mission.”

Like so many other things in the Army, the ability to execute an operation like this rests on teamwork.

“We have a great team,” said Sgt. Pablo Gonzalez, mobility support platoon, 66th Eng. Co. “We worked together. We have a few air assault guys in our platoon, and we talked it out. We just took care of it.”

When asked the main reason his team was able to successfully take on a mission like this one, Gonzalez said it is because they pay attention.

“The most important part is attention to detail,” Gonzalez said. “As long as you’re safe, pay attention and look at the details, you’ll be fine.”



Sgt. Preston Byrd, 2nd Stryker Brigade Combat Team Public Affairs, 25th Infantry Division

Engineers prepare a portable bridge to be picked up by a CH-47 Chinook helicopter during a slingload operation at East Range Training Complex, Feb. 5. The mission was a first for the 66th Eng., 2nd SBCT, 25th ID.

CG14: Region is strengthened

CONTINUED FROM A-1

locals. This exercise will allow us an opportunity to learn some new jungle tactics with our experienced partners.”

During the exercise, forces from Thailand, the U.S. and the Republic of Korea will conduct training designed to enhance interoperability and strengthen regional relationships.

In other locations, military personnel from Thailand, the U.S., Singapore, Japan, ROK, Indonesia and Malaysia will participate in humanitarian and civic assistance projects designed to improve the quality of life and local infrastructure for the Thai people, as well as to share medical best practices with the local population.

Cobra Gold 14

Cobra Gold is a Thai-U.S. co-sponsored exercise committed to improving regional partnership, prosperity and security in the Asia-Pacific region.

Now in its 33rd iteration, it is a joint effort from various participating nations.

The People’s Republic of China also marked its first appearance in Cobra Gold as a member of the humanitarian civic assistance team.

Sappers: Basics enable big tasks

CONTINUED FROM A-1

1st Class Jeremiah Galyon were expanded to add drive capabilities to the command team,” explained Master Sgt. Agustin Cruz, one of the PSD noncommissioned officers in charge.

Cruz has been working with the command team since arrival in country. He and Galyon accompanied the commander and senior enlisted leader on certain battlefield circulation or key leader engagements.

With the implementation of this movement and security detail, JTF Sapper leadership ensured that, even while deployed, these Soldiers were given the training to refresh the basic skills of shoot, move and communicate.

“Basic skills are always important to train on regardless of where you are or what unit you are in,” said Cruz. “Never let the basic tasks go because they make the big tasks happen.”

Master Sgt. Ana Alvarenga, JTF Sapper medical senior NCO, taught lifesaving. Alvarenga trained Soldiers how to react quickly in an emergency situation and respond with “buddy aid” and self-aid.

The medical training also went over water gel, with a convection property to draw heat out of a burn to evaporate it.

Col. Diana Holland, commander, TEB, described the importance of the engineers staying on top of their toes and keeping their skills fresh and muscle memory on point by simply saying, “Complacency is not an option.”

“All Soldiers should be proficient and continue to ensure proficiency, especially in hemorrhage control,” said Alvarenga. “You never know when you will need to use these skills.”

USACE-HD to be showcased for 2014 Engineers Week

DINO BUCHANAN
U.S. Army Corps of Engineers-
Honolulu District Public Affairs
HONOLULU — More than 300 en-
gineers and friends of the 17 organiza-
tions within the Hawaii Council of En-
gineering Societies, plus invited local
VIPs, dignitaries and engineers from
the U.S. Army Corps of Engineers (US-
ACE)-Honolulu District, are expected
to gather for a luncheon at the Hale
Koa, Tuesday, to kickoff Engineers
Week 2014.

The theme for Engineers Week 2014
is “Discover Engineering: Let’s Make a
Difference!”

Jointly hosted by the Honolulu Post
of the Society of American Military En-
gineers (SAME) and the Hawaii Coun-
cil of Engineering Societies (HCES),
the opening luncheon will feature
keynote speaker Maj. Gen. Richard L.
Stevens, commander, USACE-Pacific
Ocean Division.

“Engineers Week is a great opportu-
nity to showcase the accomplishments
and capabilities of the Honolulu Dis-



Todd Barnes, U.S. Army Corps of Engineers-Honolulu District Public Affairs

(From right) Interns Jennifer Eugenio and James Nakamura, USACE-HD, talk to students about potential job opportunities within the Corps at UH-Manoa’s College of Engineering Career Fair last February.

trict’s professional engineers, archi-
tects and surveyors,” said Todd Barnes,
chief of engineering and construction,
Honolulu District, and past president,

SAME-Honolulu Post.
Statewide Engineers Week activities
include signing of an Engineers Week
Proclamation and photo opportuni-

ties with Hawaii Gov. Neil Abercrom-
bie and Honolulu Mayor Kirk Cald-
well; static displays at Pearlridge Shop-
ping Center, Feb. 15-17, by engineering
organizations; and attendance at the
kickoff luncheon and the Hawaii
Council of Engineering Societies
(HCES) banquet, to be held Sunday.
The Corps supports all of these events.

For the display at Pearlridge Shop-
ping Center, Barnes and several of the
District’s Department of the Army in-
terns are creating Corps of Engineers
and Honolulu District photographic
exhibits to showcase their missions.
The static exhibits will be on display at
Uptown Center Court, Feb. 15-17.

HCES and Pearlridge, with the sup-
port of the Pearl City High School and
Highlands Intermediate School
robotics teams, will sponsor the HCES
Pearlridge Hawaii VEX IQ State Cham-
pionship, Feb. 16. Eighteen VEX IQ
teams that qualified through earlier
regional tournaments will compete for
four slots for the World VEX IQ Cham-
pionships, to be held in April.

How did it begin?

The celebration of National
Engineers Week was started in
1951 by the National Society
of Professional Engineers in
conjunction with George
Washington’s birthday.

President Washington is
considered the nation’s first
engineer, notably for his sur-
veying work.

Each year during Engineers
Week, HCES organizes display
exhibits to increase public
awareness and appreciation of
the engineering profession.

The purpose of the displays
and interactive exhibits is to
improve the public image of
the engineering profession
and to stimulate qualified stu-
dents in public and private
schools to choose careers in
engineering and in related sci-
ence fields.

Engineers support Oahu’s 2014 MathCounts

Story and photo by
DINO BUCHANAN
U.S. Army Corps of Engineers-
Honolulu District Public Affairs

HONOLULU — Sixteen volun-
teers from the U.S. Army Corps of
Engineers (USACE)-Honolulu Dis-
trict recently served as moderators,
proctors and scorers at Kamehame-
ha Schools for the 2014 MathCounts
competition.

Sixth, seventh and eighth graders
from more than 36 Oahu public and
private schools participated in the
competition, Feb. 1.

Winners from Oahu, Maui and
the Big Island will meet for the state

MathCounts championship on
Oahu, March 8. Then, another sev-
en District volunteers will support
the state competition. State winners
advance to the National Math-
Counts competition in Orlando, Fla.

MathCounts, in its 31st year, is
sponsored by the National Society of
Professional Engineers at the state
and local levels to emphasize the
importance of mathematical skills in
the development of future technol-
ogy and to encourage students to
excel in these areas. The program
exists in all 50 states plus U.S. terri-
tories and Department of Defense
(DOD) and State Department
schools.

USACE recognizes the critical role
that science, technology, engineer-
ing and mathematics (STEM) edu-
cation plays in enabling the U.S. to
remain the economic and techno-
logical leaders of the global market-



FORT SHAFTER — Lt. Col. Thomas Asbery (right), commander, USACE-HD, and American Samoa Lt. Gov. Lemanu Peleti Mauga formalize a partnership for the Corps to sponsor STEM activities in Samoan schools.

place, and enabling the DOD and
Army in the security of our nation.

The Corps is committed to team-
ing with others to strengthen STEM-

related programs that inspire cur-
rent and future generations of young
people to pursue careers in STEM
fields.

JOTC: Ops begin

CONTINUED FROM A-1

sions to ready itself for the final part of the
course.

For each rifle company, the course cul-
minated with a seven-day battalion oper-
ation that put everything it learned to the
test. The companies moved through the
rugged terrain of the training areas in
pursuit of the independent opposing
forces element.

Encompassing more than individual
Soldier skills, JOTC can train an entire
battalion in combined jungle operations
by integrating an attached field artillery
battery, cavalry troop, sapper platoon
and supporting aviation assets in a se-
ries of field training and live-fire
exercises.

“The new JOTC program ... is an excel-
lent building block for our Soldiers to be-
come highly proficient in the art of jungle
warfare,” said Command Sgt. Maj. Ron
Bly, senior enlisted leader, 2-35th Inf.
Regt.

DOD program provides help, tools for wounded service members

BRANDEN DAVIS
Department of Defense
WASHINGTON — Recognizing the potential
of its workforce, the Department of Defense
has established the Computer/Electronic Accom-
modations Program (CAP) to eliminate employ-
ment barriers for people with disabilities.

CAP’s mission, since its inception in 1990, is to
provide assistive technology (AT) and accom-
modations to ensure people with disabilities and
wounded service members (WSM) have equal ac-
cess to the information environment and oppor-
tunities in the DOD and throughout the federal
government.

Today, CAP has expanded beyond the DOD to
partner with 68 federal agencies making it the
largest provider of reasonable accommodations
in the world. The program’s vision is to increase
employment of people with disabilities and dis-
abled veterans by ensuring they have access to ac-
commodations throughout the DOD and federal
government.

Through its WSM initiative, CAP provides
needs assessments, assistive technology and
training to support wounded, ill and injured ser-
vice members throughout all phases of recov-

ery and transition to employment, directly im-
pacting their rehabilitation process. By imple-
menting DOD Instruction 6025.22, AT for wound-
ed service members, CAP partners with military
treatment facilities to integrate AT into the recov-
ery and seamless transition process. CAP does so
by paying for and providing a wide variety of as-
sistive technology for people with hearing, visu-
al, dexterity, cognitive and communications
disabilities.

While CAP mainly focuses on purchasing AT
for employees with disabilities, it also supports
federal employees throughout the employment
lifecycle, including coming to work, staying at
work and returning to work to help ensure the
federal government is the model employer of
people with disabilities and WSMs.

Frequently requested accommodation solu-
tions include videophones, personal amplifica-
tion devices, screen magnification software,
screen readers, cueing/memory aids, literacy
software, alternative keyboards, pointing devices
and speech recognition software.

The process for WSM and federal employees’
customers to identify and request accommoda-
tions through CAP is simple. Customers who

Online tools and info

CAP offers a number of online tools to
help customers:

•**Online Training.** A series of training
modules to help federal employers under-
stand how simple and beneficial hiring
employees with disabilities can be.

•**Assistive Technology Videos:** A series of
short videos to demonstrate available as-
sistive technology.

•**CAP Mobile App:** To stay up to date on

new assistive technology, disability events
and more on the go.

•**Social Media:** To stay connected with
CAP on Facebook, Twitter and YouTube.

Visit www.cap.mil, contact CAP via
email at cap.wsm@mail.mil (wounded
service member) or cap@mail.mil (federal
employees), or call (703) 614-8416.



already know what accommodations they need
can request them through an online request
form. For customers who need solutions identi-
fied, a number of options are available.

The WSM team also visits a number of military
installations throughout the year and conducts
on-site needs assessments. CAP’s Technology
Assistance Center, located in Pentagon Room
2D1049, will conduct in-person, phone and video
teleconference needs assessments. For customers
not located in the Washington, D.C., metro area,
who need an on-site assessment, one can be

requested through the online request form. Once
solutions have been identified, all requests can be
made through the same online request form.

The CAP office is available to answer any dis-
ability or accommodation-related question. The
CAP staff works with individuals to ensure the
federal community complies with federal laws
and assists in creating a more accessible informa-
tion environment.

CAP is committed to giving service members the
tools to prepare them for employment opportuni-
ties by allowing them to maximize their abilities.

FLAG ILLUMINATION



HONOLULU — On military installations, traditionally, an unlit flag is lowered at the end of the duty day in conjunction with the bugle call “retreat.”

The flag at Tripler Army Medical Center, here, recently had an illumination system installed, allowing the flag to remain displayed day and night.

The TAMC ohana gathered to celebrate Tripler’s flag illumination, Feb. 5.

“It seems only fitting since, as our night staff can testify, there truly is no close of business at a hospital,” said Brig. Gen. Dennis Doyle, commander, Pacific Regional Medical Command and TAMC.

Reveille and retreat will continue to play at the normal scheduled times, and Tripler will render honors as appropriate. Bugle calls, which date back to the Revolutionary War, will still be used to herald daily military routine, like assembly, meal times, sick call and taps.

Although reveille and retreat were not originally associated with the flag ceremony, today it is standard for honors to be rendered to the colors during those calls.

196th ‘fights’ for JPMRC

MAJ. ANDREW VISSER
196th Infantry Brigade (Training Support)

SCHOFIELD BARRACKS — The 196th Infantry Brigade (Training Support) hosted a visit, here, by Maj. Gen. Richard M. Burr, U.S. Army-Pacific deputy commanding general for Operations, Feb 5.

Senior leaders from the 196th briefed Burr on the capabilities of Joint Pacific Multinational Readiness Capability (JPMRC) and took him on a tour of the JPMRC Instrumentation System (JPMRC-IS), an equipment suite designed to provide instrumented feedback to military units during training rotations.

The JPMRC is a Department of the Army initiative that consists of a deployable package of personnel and equipment designed to support training exercises across the Pacific theater.

Maj. Thomas Harris, 196th operations officer, summarized the system’s value, saying the JPMRC provides “a way to enhance home station training for USARPAC units, and, in the future, to augment Theater Security Cooperation Program exercises.”

The brigade was tasked to execute the initial proof of concept of this promising capability. The first step in this testing phase will be a two-week training exercise on Oahu scheduled for summer involving a battalion from 3rd Bde. Combat Team, 25th Infantry Division.

The 196th will provide overall exercise control and observer-controller/trainer coverage, and use the JPMRC-IS to monitor the exercise as it occurs to provide the training unit detailed feedback on its performance. These actions will allow the 196th to identify strengths and weaknesses within the JPMRC’s organizational concept and validate the capabilities of the instrumentation system to set the conditions for progressing to larger, more complex system tests in the years to come.

These tests will include an exercise involving a BCT headquarters and two maneuver battalions, currently planned for fiscal year 2015. The test is meant to demonstrate initial operating capability that JPMRC has met its baseline requirement of being able to deploy from its home station in support of a brigade-level exercise.

Col. Michael Forsyth, commander, 196th Bde., explained to Burr that these tests will provide the basis for progress reports to the vice chief of staff of the Army. An interim report will be provided after the first unit assessment, and the unit will deliver a full report following the baseline requirement.

Should the vice chief decide to continue to develop it, the 196th could assume permanent ownership of the JPMRC mission, in addition to



Sgt. 1st Class Charles Bacon, 196th Signal Brigade

Australian army Maj. Gen. Richard Burr (standing), DCG-O, USARPAC, discusses USARPAC's long-term goals for the JPMRC with members of the 196th Inf. Bde. and USARPAC staff, Feb. 5.

its primary mission of providing Title XI training support to Reserve Component units.

Burr thanked Forsyth and his team for their insights and commended them on their efforts to date, stating that the JPMRC represented “a tremendous capability whose potential is not fully appreciated or completely realized.”

As an Australian army officer, Burr said he was particularly sensitive to the importance of building partnerships with America’s allies in the Pacific.

“The true power of this capability is to bring partners in and train together in the region, and improve as a multinational team,” he said. “This is linked to USARPAC’s engagement strategy, with the residual benefit of enhancing home station training for our own units.”

Burr acknowledged that much remains to be done to fully develop the extraordinary potential of the JPMRC, and he encouraged the 196th to take on this challenge enthusiastically, knowing that it is at the forefront of a cutting-edge transition to multinational training facilitated by technological instrumentation, and increasingly conducted in physical training areas and in virtual and constructive training environments.

“Everything that is exciting, you have to fight for,” said Burr.

(Editor’s note: Visser is the 196th Inf. Bde. executive officer.)

Engineers overcome terrain, build multiple JOTC huts

Huts are built to last in tropical weather

1ST LT. TYLER SKOMP
643rd Engineer Company,
84th Eng. Battalion, 130th Eng. Brigade,
8th Theater Sustainment Command

KAHUKU TRAINING AREA — Engineers with the 643rd Engineer Company (Vertical Construction), 84th Eng. Battalion, recently constructed six huts in remote areas of the Kahuku Training Area in support of the 25th Infantry Division’s Jungle Operations Training Center (JOTC).

The mission’s emphasis was to create multiple structures that could be used as objectives for platoon attacks and raids.

The buildings were built Jan. 22-29 at three separate locations with two huts on each site, one measuring 8 feet by 8 feet and another measuring 16 feet by 16 feet. However, because of the remoteness of the construction sites desired by the 25th ID, a Chinook helicopter was needed to support the delivery of all the construction material to each location.

The 2nd Platoon, 643rd Eng. Co., conducted the construction through split operations, leaving a squad leader in charge at each site as the crew leader. Doing this construction maximized the amount of work that could be

accomplished in the time allotted.

“It was great to be able to show my young Soldiers how to manage a project site and divide labor in such a way that the project stays on schedule,” said Staff Sgt. George Marshall, leader of 3rd Squad, 2nd Plt.

“Even with the rain, wind and night-fall, having a clear objective to reach before going to bed every night made it easier to push through stressful times,” said Spc. Dominic Sawyer, engineering Soldier with the 1st Squad, 2nd Plt.

The sturdy buildings will be able to withstand the intense rain and wind that is common, here. The completed buildings provide sites that will act as realistic training villages for JOTC students to conduct platoon-sized raids and attacks.



1st Lt. Josephine Kim, 84th Engineer Battalion Public Affairs, 130th Eng. Brigade, 8th Theater Sustainment Command

A Chinook helicopter is sling-loaded with construction materials for delivery to remote areas throughout KTA, Jan. 22-29, in support of the JOTC.

IRS offers free tax prep

INTERNAL REVENUE SERVICE
News Release

WASHINGTON — The Internal Revenue Service offers Free File brand-name software for most taxpayers.

Fourteen commercial software companies that provide their Free File tax prep products at no cost began offering their products Jan. 31, available only at IRS.gov/freefile.

“Many tax preparers and tax software companies are now open for return preparation, including Free File. If you plan to get a head start on your taxes, remember to e-file,” said IRS Commissioner John Koskinen. “There is absolutely no advantage to filing by paper. If you want to save money and time, just use Free File to prepare and e-file your federal return at no charge.”

Koskinen reminded taxpayers that IRS.gov has a range of information and services to help taxpayers prepare their tax returns.

“Free File is just one of the many services available through IRS.gov to help people with their taxes,” Koskinen said. “Additional services include “Where’s My Refund?” for timely updates on refunds, YouTube videos with quick tax tips, and many other ways of getting information. We encourage taxpayers to explore IRS.gov.”

Free File, a public-private partnership, is the free way to do your federal tax returns either by using brand-name software or online fillable forms. Free File software is available now to more than 100 million individuals and families that earn \$58,000 or less, which is 70 percent of taxpayers.

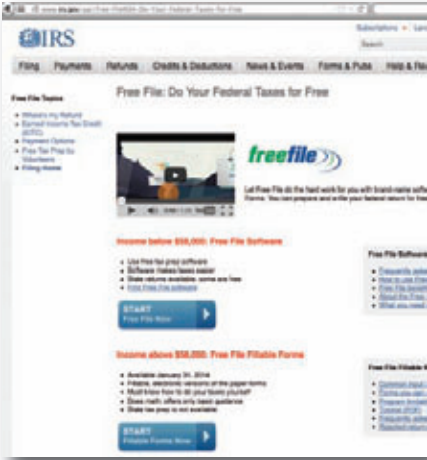
Free File Fillable Forms are available to accept tax returns for free e-filing from any taxpayer who is comfortable preparing their own tax return.

Nearly 40 million taxpayers have used Free File since it debuted in 2003. These taxpayers have saved more than an estimated \$1.2 billion by using Free File.

Here’s how it works:

- At IRS.gov/freefile, select the “Free File Software” button. Each of the 14 Free File companies sets specific offers — generally based on income, state residency and age — to use their software. If your income is \$58,000 or less, you will find at least one, if not more, offers available to you.

- You can review each of the 14 company offers or use the IRS “Help Me Find Free File Software” tool to find an offer that matches your situation. Once you make your selection, you will be directed to the commercial provider’s website to begin preparing your return.



Learn More

Get more details at freefile.irs.gov/partners.



- Free File is for federal returns, but most companies also offer state tax return preparation, some for free.

- If your income was more than \$58,000, you can still do your taxes and e-file them. Just select the “Free File Fillable Forms” button. Again, this product was available starting Jan. 31.

- Free File Fillable Forms is the electronic version of IRS paper forms, and it is best for people used to doing their own taxes. This option helps with math but not with step-by-step assistance. Instructions for filling out the form can be found on the IRS website. State tax return preparation is not available using this option.

The fastest way to get your refund is by combining IRS e-file with direct deposit. Once the IRS begins processing returns, it expects to issue more than 90 percent of refunds in fewer than 21 days.

Check “Where’s My Refund?” for personalized refund information based on the processing of your 2013 tax return. You can start checking on the status of your return within 24 hours after the IRS accepts your e-filed return. Updates to refund status are made once a day, so you don’t need to check the status more than once a day.

The 14 Free File companies are part of a consortium called the Free File Alliance, which has partnered with the IRS for 11 years to make these commercial products available for free to taxpayers who don’t earn high incomes. You must access these products through IRS.gov to be eligible for their free offers.



Send announcements for Soldiers and civilian employees to news@hawaiiarmyweekly.com.

Today

Taxes — The Schofield Barracks Tax Center will be open, by appointment only, to all active duty service members, retirees and their dependents at Trailer #1, Grimes Street, Schofield Barracks, across from the Soldier and Family Assistance Center and Hamilton Field.

Some personnel are not able to use the Tax Center; visit “Tax Center,” and then “Tax Assistance Services Not Provided” at www.garrison.hawaii.army.mil/legal to find out if you qualify for assistance and to find out what forms to bring to your appointment. Call 655-1040 for more details.

Gym Shorts — The Schofield Health and Fitness Center will be closed and will reopen Tuesday. Patrons are encouraged to use Mar-

tinez Physical Fitness Center; its hours of operation follow:

- Monday-Friday, 5 a.m. – 9 p.m.;
- Saturday, 7 a.m. – 5 p.m.;
- Sunday, 8 a.m.-4 p.m.; and
- President’s Day, Feb 17, 8 a.m.-4 p.m.

Cyber Alert! — CitiBank, the government travel card issuer, reports some cardholders received text messages informing them of suspension of the card unless certain information is verified (such as full account number, CVV, last four of SSN and four-digit PIN). The text message is phishing. Do not respond to it.

Canadian Fake-On — Army Travel Cards warns of instances where individuals were emailed that they were booked on Air Canada. If you get an email of this type, call Citi customer service and report the transaction.

Final Word — Public comments on the 2013 draft Storm Water Management Plan end today. Visit www.garrison.hawaii.army.mil/sustainability/CleanWater.aspx or call 656-3105/3317.

20 / Thursday

Social Security — RSVP for the Social Security Administration benefits brief, 1-2:30 p.m. To RSVP, call 656-0201.



Unless otherwise noted, all phone numbers are 808 area code.

Today

Sargent’s Time — Schofield’s Sargent Road at Bldg. 695 (refill pharmacy) will become a one-way street. The one-way will start at the access road by the credit union and stop at the three-way stop sign at the pharmacy. Parallel parking will be provided on Sargent Road for those using the pharmacy.

Partial Closure — The left turn lane exiting McNair Gate (toward Haleiwa) will be closed 8 a.m.-3 p.m. and again Feb. 18.

Traffic exiting McNair Gate on the right turn lane will be restricted to right turns only. There will also be intermittent shoulder work at McNair Gate weekdays to March 7.

Traffic on the right turn entrance and right turn exit will be briefly halted when new street lights are set in place.

Closed Loop Update— Loop and Stream roads will be fully closed 24/7 due to the Flood Mitigation Structure project work. Access will be allowed for local traffic only. Construction will continue until around July 18.

19 / Wednesday

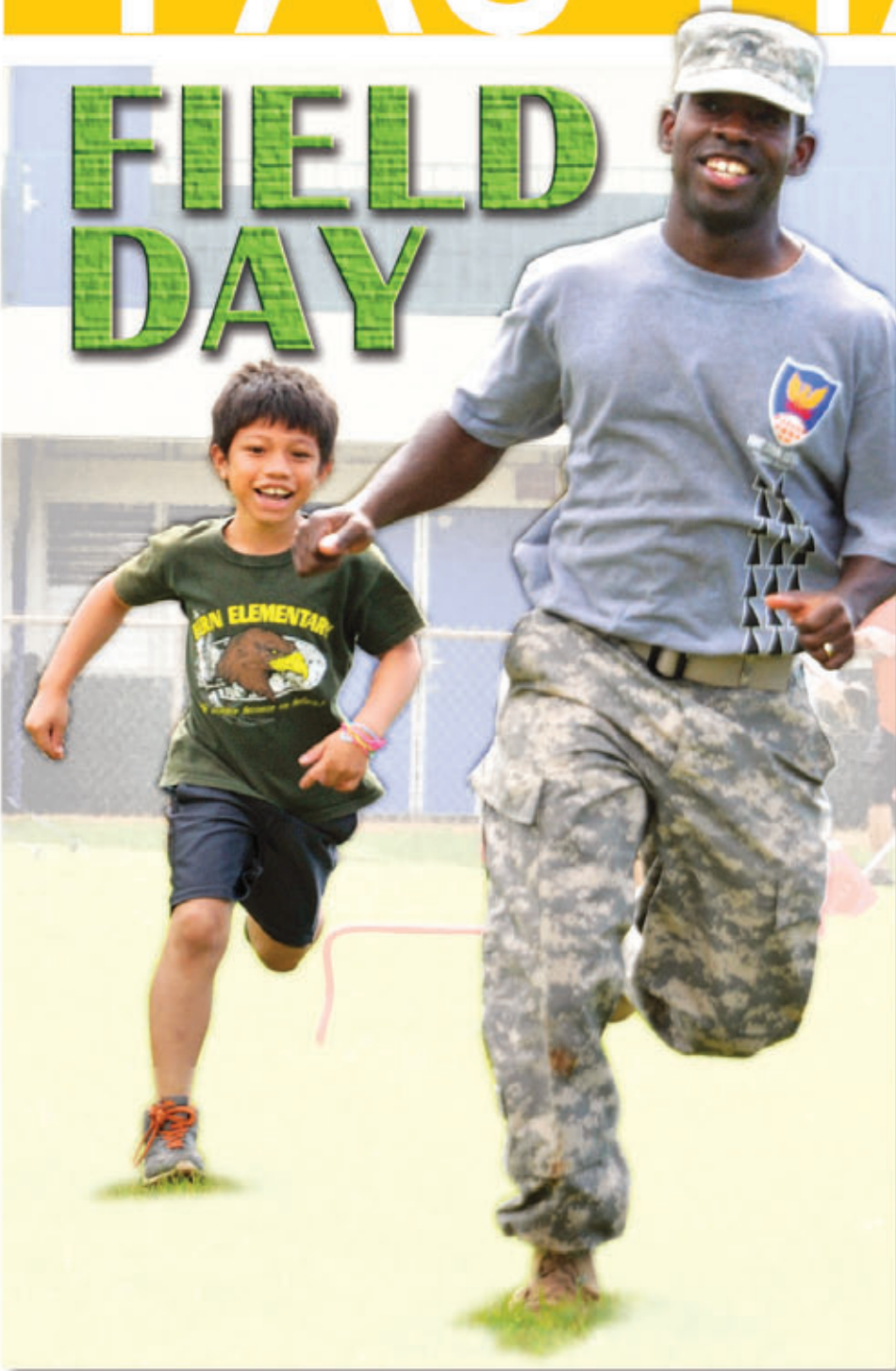
McMore McNair McWork— Tentatively scheduled, the traffic signals at the Wilikina Drive and McNair Gate intersection will not be operational. Also, the Honolulu-bound lane of Wilikina Drive will be halted periodically during construction work to relocate the traffic signal pole. Police officers will be directing traffic.

24 / Monday

Duck Work — Roadwork starts at Schofield’s Duck Road for the portion entering from Lyman to the split in the road near Bldg. 2800. The beginning section of Duck Road will be made two-way.

The existing one lane of traffic will remain open during the work. The project schedule should be done Feb. 25, pending weather delays.

FIELD DAY



Sgt. Renaldo Cooper, HHC, 311th SC(T), and a student participate in the obstacle course during Fern Elementary's annual Jump Rope for Heart drug free field day, Wednesday. (Some photos have been altered from their original form; background elements have been removed.)

Soldiers, Fern students enjoy a ‘tactical’ outing

Story and photos by
LIANA KIM
311th Signal Command (Theater)

HONOLULU - Patiently waiting to climb up into the towering Army truck and talk on the tactical radio to their classmates in the adjacent vehicle, the children chatted excitedly, having regained their breath after attempting to knock out a push up in a grown-up-sized flak jacket.

About a dozen Soldiers of Headquarters and Headquarters Company, 311th Signal Command (Theater), brought their equipment for static display and interacted with students during Fern Elementary School's annual Drug Free Schools/Jump Rope for the Heart Field Day in Honolulu, Feb. 12.

The Soldiers served as timekeepers for the students' obstacle course and provided supplies, such as camouflage netting, an EZ-Up shelter and several tactical vehicles on static display for children to explore.

The field day is part of the school's initiative to promote an active healthy lifestyle and introduce students to positive role models and professional opportunities.

"I think the Soldiers provide excellent role models for our students," said Cedric Chu, school counselor for Fern Elementary. "What we're trying to do with our annual drug free field day, Jump Rope for Heart, is to familiarize our children with healthy activities in life and show them alternatives to video games, watching TV and getting in with the wrong crowd. The Soldiers are here with us, providing the obstacle course to help show our students how fun it is to be fit, and hopefully inspire active lifestyles."

"This is the third consecutive year we were invited to participate in the school's

field day," said 1st Sgt. Rebecca Fisher, HHC, 311th SC(T).

She said the Soldiers also enjoy the event as a meaningful way to share positive experiences of outdoor activity with the children to form healthy habits for life.

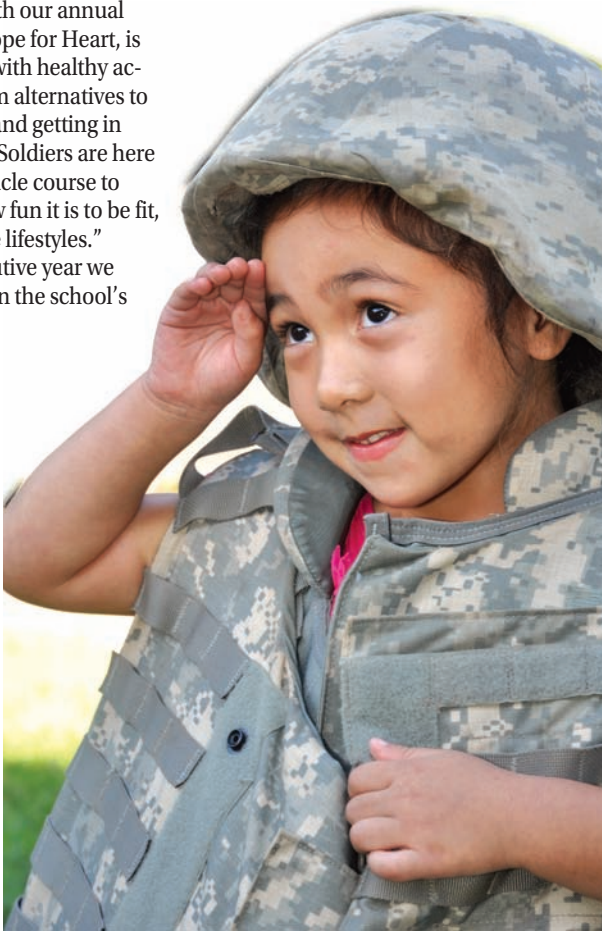
The Soldiers of the 311th have become acquainted with the faculty, staff and students of Fern Elementary during the past few years in its cooperative reading program, Read Out Loud! in which Soldiers read to students once a month. The program began in November of 2011 and has received accolades from teachers that the interaction has inspired improved behavior.

The 311th SC(T), headquartered at Fort Shafter, is the designated Signal Command for the Pacific theater and provides ongoing support for U.S. Army Pacific Command exercises throughout the Pacific for warfighters around the world.

"We invite all of our Soldiers to participate in Jump Rope for Heart every year at Fern Elementary School," said Capt. Jason Grams. "They look forward to helping the kids with the obstacle course, and interacting and serving as positive adult role models. This drug free event is a great way to demonstrate support for our community."



Soldiers of HHC, 311th SC(T), join in a game of tug of war with Fern Elementary School students as part of the school's annual Jump Rope for Heart drug free field day, Wednesday.



A Fern Elementary student tries her hand at a proper Army salute while wearing the heavy flak vest and helmet. This and exploring tactical vehicles were the day's popular activities.



Fern Elementary students enjoy talking on the tactical radios of the Army vehicles, which Soldiers of HHC, 311th SC(T) brought to the school for exploration.



Fern Elementary students and Soldiers who assisted with the obstacle course pause for a photo during the school's annual Jump Rope for Heart drug free field day.

Annual scholarship opportunity available to IPC residents

Applications now available

ISLAND PALM COMMUNITIES News Release

SCHOFIELD BARRACKS — WinnCompanies, the firm providing the property management and maintenance services at Island Palm Communities, is celebrating more than four decades in business by offering an amazing scholarship opportunity to residents.

"In furtherance of our objective to enhance the lives of all that we serve, high school se-

niors, high school graduates and GED graduates living in communities managed by WinnCompanies or its affiliates are invited to apply for scholarship grants for the 2014-2015 academic year, to be awarded in May 2014," wrote Gilbert Winn, managing principal of WinnCompanies.

Four IPC residents were awarded

WinningEdge Scholarships last year.

WinnCompanies' WinningEdge Scholarship Program invites distinguished residents who are pursuing some form of higher education in community college, college, university or a trade/professional school to apply for scholarship grants starting at \$1,000.



Learn More

To find out if you or a member of your family is eligible for a WinningEdge Scholarship, log on to www.islandpalmcommunities.com/go/WinningEdge to download the full application packet and details. All completed applications must be submitted to your IPC Community Center no later than April 2 for consideration, so don't delay!





Briefs Today

Health and Fitness Center — SB center temporarily closed, 9 a.m., Feb. 14-17 for main floor scrub and recoat. The facility will reopen Tuesday, Feb. 18. Patrons are encouraged to use Martinez Physical Fitness Center during its hours of operation:

- Monday-Friday: 5 a.m.-9 p.m.;
- Saturday: 7 a.m.-5 p.m.;
- Sunday: 8 a.m.-4 p.m.; and
- President’s Day, Feb. 17: 8 a.m.-4 p.m.

Call 655-8789.

Sweetheart Ball — Date is Valentine’s Day at 6 p.m., SB Youth Center, for CYSS registered teens in grades 6-12. Semiformal event will feature dinner, door prizes, photo booth, entertainment, DJ and dancing. Limited ticket sales are \$15 per person at Parent Central Services of fice. Call 655-0451.

Valentine’s Day Candlelight Dinner — FS Hale Ikena hosts a romantic evening, 4-8 p.m., with musical entertainment. Tickets are only \$35 per person in advance and \$40 per person at the door. Menu includes complimentary beverage, chocolates and choice of steak or seafood dinner for two. Call 438-1974 for reservations or visit himwr.com for details and complete menu.

16 / Sunday
Hale Ikena Sunday Brunch — FS Mulligan’s Bar & Grill hosts from 10 a.m.-1 p.m. Call 438-1974.

17 / Monday
Workweek Lunch — SB Kolekole Bar & Grill (655-4466) and FS Mulligan’s Bar & Grill (438-1974) offer daily lunch, 11 a.m.-1 p.m. Enjoy buffet-style or menu items.

Pau Hana Social Hour — SB Kolekole Bar & Grill hosts an after-work fun time, 4:30-6:30 p.m., Monday-Wednesday, and 4-6 p.m., Thursday-Friday. Enjoy discounted appetizers and domestic draft beverages. Call 655-4466.

Mongolian Barbecue — Select your favorites from a large variety of meats and vegetables, 5 p.m., every Monday at SB Kolekole Bar & Grill, and grilling will be to your liking. Cost is 65 cents an ounce. Call 655-4466.

18 / Tuesday
Preschool Story Time — FS Library hosts, 10 a.m., with a different

WAIMEA VALLEY FAMILY DAYS



Photos courtesy Waimea Valley

WAIMEA — Waimea Valley is offering La Ohana (family days), beginning Sunday, Feb. 16, and continuing every third Sunday of the month. Kama’aina and military families will receive half price admission with valid ID. Families, above, try their hand at the Hawaiian game of moa pahe’e (dart sliding), here. Below, families try their hand at the Hawaiian game of konane (Hawaiian checkers).



story and theme. Call 438-9521.

Taco Tuesday Night — SB Kolekole Bar & Grill offers three tacos, rice and beans specials for \$4.99. Call 655-4466.

19 / Wednesday
Sgt. Yano Library — SB hosts Story Time for toddlers, 10 a.m., Feb. 19. Call 655-4707.

BOSS Meetings — Single Soldiers and geographic bachelors are invited to Better Opportunities for Single Soldiers meetings every Wednesday to discuss community service projects and fun upcoming programs. Call Spc. Jennifer Coggins, BOSS president, 655-1130. Attend these meetings:

- North meetings, 2 p.m., 1st and 3rd Wednesday, SB Tropics Warrior Zone.
- South meetings, 11 a.m., 2nd and 4th Wednesdays, FS Bowling Center.

Teen Wednesdays — Cosmic Bowling for teens for \$2 at Wheeler Bowling Center, WAAF, 2-4 p.m. Free shoes with a two-game minimum. Call 656-1745.

Manga Club — Monthly meeting where teens are invited to discuss anything Manga, fan art and anime at Sgt Yano Library. Call 655-8002.

20 / Thursday
Clay Hand Building Workshop — Learn to work with clay from the experts at the SB Arts and Crafts Center, 1-3 p.m., Thursdays, through March 1. Initial session is \$25; additional sessions are \$5. Includes supplies. Call 655-4202 for registration.

Leilehua Thursdays — Join Chef Devin Lee, 4:30-7:30 p.m., every Thursday, at Leilehua’s driving range for hot dogs and burgers. Menu items cost \$3-\$4. Call 655-7131.

21 / Friday
Aloha Friday Barbecue — The SB Leilehua grill offers a Friday barbecue lunch special, beginning at 11 a.m., until sold out. Menu items include smoked brisket ribs, pulled pork, barbecue chicken, pork chops. Items cost \$8-\$10. Call 655-7131.

26 / Wednesday
Wally Amos Story Time — FS Library hosts a special free Story Time, 3-3:45 p.m., Feb. 26, hosted by the cookie man. Call 438-9521.

28 / Friday
Hawaiian Luau Lunch Buffet — SB Kolekole Bar & Grill (655-4466) and FS Mulligan’s Bar & Grill (438-1974) host local-style food.

USARPAC Golf Scramble — Registration begins at 11 a.m., with a shotgun start at 12:30 p.m. Registration is \$5 per player. Call 438-6923.

28 / Friday
DeCA Scholarships — Applications for the 2014 Scholarships for Military Children Program are available at commissaries or online at www.militaryscholar.org. Applications must be turned in to a commissary by close of business Feb. 28. Packages must be hand-delivered or shipped via U.S. Postal Service or other delivery methods, not emailed or faxed.

Hawaii State Outdoor Recreation Plan — The Department of Land and Natural Resources (DLNR) Division of State Parks invites the public to help select projects to receive federal funding support to best meet Hawaii’s future recreation needs. Take the 2014 Statewide Comprehensive Outdoor Recreational Plan (SCORP) survey, through Feb. 28, at www.surveymonkey.com/s/HISCORP2014.

Ongoing
Go Akamai — Commuters can now check real-time traffic data at GoAkamai.org, courtesy of the Hawaii State Department of Transportation.

Community Calendar

Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

Today
IPC Resident Scholarships — Scholarship grant application deadline is April 2, with awards, starting at \$1,000, announced in May for the WinningEdge scholarship program. For eligibility log on to www.islandpalmcommunities.com/go/WinningEdge to download the full application packet and details.

AFCEA Scholarships — Armed Forces Communications and Electronics Association Educational Foundation Hawaii Merit Scholarship Award applications are now available. Deadline to apply is May 31. Email Info@AFCEAHawaii.org or call 479-4705.

15 / Saturday
Waikiki Aquarium — Hawaii’s largest koi show, 9 a.m.-4:30 p.m.,

Feb. 15, and 9 a.m.-2 p.m., Feb.16, will feature hundreds of top-quality koi for purchase and display, in addition to educational seminars given by koi experts, a variety of authentic Japanese performances and keiki activities. Call 923-9741.

Pacific Roller Derby — Season opening, 4 p.m., at the U.S. Coast Guard Hideaway Club, Kalaeloa. Nonmilitary are required to RSVP at www.pacificrollerderby.com by midnight, Feb. 14. Tickets are \$10; keiki under 12 are free.

16 / Sunday
Waimea Valley Family Day — Each 3rd Sunday is La’Ohana (Family Day) at Waimea Valley, beginning Feb. 16. Kama’aina and military families will receive half off admission with valid ID. Call 638-7766 or visit www.waimeavalley.net.

22 / Saturday
Hawaii Chocolate Festival — The annual Hawaii Chocolate Festival, noon-5 p.m., at the Dole Cannery Shops, 650 Iwilei Rd., features exhibitors offering chocolate and

chocolate-inspired products from cheesecake, truffles and chocolate-laced beverages to chocolate soap and cultured pearls. Admission (\$20 in advance, \$25 at the door) includes a passport to 10 chocolate samplings from some of the state’s top chocolatiers. Children 10 and under receive a free passport. Visit www.HawaiiChocolateFestival.com.

23 / Sunday
“Radio Golf” — It’s an August Wilson theater production about an entrepreneur who aspires to become Pittsburgh’s first black mayor. Plays 7:30 p.m., through Feb. 23, at the TAG Theater Dole Plantation. Runs Thursdays-Sundays; military tickets, \$12, with valid ID. Available at www.tsaghawaii.net or call 722-6941.

24 / Monday
Hui ‘O Na Wahine — Deadline for registering for the 5 p.m., March 1, Mock Dining In evening at the Nehelani is Feb. 24. Tickets are \$25. To purchase tickets, email huischofield@gmail.com or seek out a board member. Visit www.schofieldspouseclub.com.

Recreation
FRG: Family Readiness Group
FS: Fort Shafter
HMR: Helemano Military Reservation
IPC: Island Palm Communities
PFC: Physical Fitness Center
SB: Schofield Barracks

SKIES: Schools of Knowledge, Inspiration, Exploration and Skills
TAMC: Tripler Army Medical Center
USAG-HI: U.S. Army Garrison-Hawaii
USARPAC: U.S. Army-Pacific
WAAF: Wheeler Army Airfield

Worship Services

Additional religious services, children’s programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on “Religious Support Office” under the “Directorates and Support Staff” menu.)

AMR: Aliamanu Chapel
FD: Fort DeRussy Chapel
HMR: Helemano Chapel
MPC: Main Post Chapel, Schofield Barracks
PH: Aloha Jewish Chapel, Pearl Harbor
SC: Soldiers’ Chapel, Schofield Barracks
TAMC: Tripler Army Medical Center Chapel
WAAF: Wheeler Army Airfield Chapel

Buddhist Services
•First Sunday, 1 p.m. at FD
•Fourth Sunday, 1 p.m. at MPC Annex

Catholic Mass
•Thursday, 9 a.m. at AMR
•Saturday, 5 p.m. at TAMC, WAAF
•Sunday services:
- 8:30 a.m. at AMR
- 10:30 a.m. at MPC Annex
- 11 a.m. at TAMC
•Monday-Friday, 11:45 a.m. at MPC and 12 p.m.TAMC

Gospel Worship
•Sunday, noon. at MPC
•Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study
•Friday, 1 p.m. at MPC Annex
•Friday, 2:30 p.m., TAMC
•Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath)
•Friday, 7:30 p.m. at PH

Pagan (Wicca)
•Friday, 7 p.m. at MPC Annex Room 232

Protestant Worship
•Sunday Services
-8:45 a.m. at MPC
-9 a.m., at FD, TAMC chapel
-10 a.m. at HMR
-10:30 a.m. at AMR
-10:45 a.m. at WAAF (Spanish language)
-11 a.m. at SC (Contemporary)
Liturgical (Lutheran/Anglican)
•Sunday, 9 a.m. at WAAF

This Week at the MOVIES

Sgt. Smith Theater
Call 624-2585 for movie listings or go to aaes.com under realtime movie listing.

Paranormal Activity: The Marked Ones
(R)
Fri., Feb. 14, 7 p.m.



Frozen
(PG)
Sat., Feb. 15, 2 p.m.

August: Osage County
(R)
Sat., Feb. 15, 6 p.m.

Walking with Dinosaurs 3D
(PG)
Sun., Feb. 16, 2 p.m.



Grudge Match
(PG-13)
Thurs., Feb. 20, 7 p.m.
No shows on Mondays, Tuesdays or Wednesdays.

Calendar abbreviations
8th TSC: 8th Theater Sustainment Command
25th ID: 25th Infantry Division
ACS: Army Community Service
AFAP: Army Family Action Plan
AFTB: Army Family Team Building
AMR: Aliamanu Military Reservation

ASYMCA: Armed Services YMCA
BCT: Brigade Combat Team
BSB: Brigade Support Battalion
Co.: Company
CYSS: Child, Youth and School Services
EFMP: Exceptional Family Member Program
FMWR: Family and Morale, Welfare and

More honors, money for Hawaii DODEA schools

HAWAII DEPARTMENT OF EDUCATION
News Release

HONOLULU — The National Math and Science Initiative (NMSI) program, which encourages high school students to enroll in Advanced Placement (AP) classes and take AP exams, awarded Kalaheo High School a \$112,000 grant from the U.S. Department of Defense Education Activity (DODEA), Monday.

In recent years, four Hawaii high schools — Campbell, Leilehua, Mililani and Radford — have launched the NMSI Comprehensive AP program with support from ExxonMobil, DODEA, and the Office of Naval Research (ONR).

In the 2012-13 school year, these schools showed a 65 percent combined increase in the number of students taking the math, science and English AP exam. Additionally, these students combined for an 89 percent increase in AP scores of three or higher, which potentially qualifies them for college-level credit. These gains were made over a two-year period from the 2010-11 school year.

“The incredible AP results at Campbell, Leilehua, Mililani and Radford high schools are proof that a state can work together with school and business leaders to help students succeed,” said Gregg Fleisher, chief academic officer at NMSI. “The State of Hawaii continues



Photo by Jack Wiers, U.S. Army Garrison-Hawaii Public Affairs

Check photo courtesy Hawaii State DOE

WAIHAWA — Leilehua High School was one of the schools identified by Hawaii DOE Superintendent Katherine Matayoshi, Monday, for dramatic gains in science and math scores under the NMSI program.

on the upward trend in AP success with Kalaheo High School implementing the college readiness program this 2013-14 school year.”



Gov. Neil Abercrombie was in attendance for the award presentation to officially proclaim Feb. 9-15 as “College Readiness Week” in the State of Hawaii.

“Preparing our keiki for a college education is crucial to Hawaii’s future,” Abercrombie

said. “Our students hold the intellect and creativity that will ensure our state’s future challenges are met. Investing in education is an investment in our future.”

“What better way to recognize College Readiness Week than before the students who are proving that our partnership with NMSI affirms our commitment to equip students from military families with consistent, high-quality math, science and English education,” said Schools Superintendent Kathryn Matayoshi. “This would not be possible without the support of the Department of Defense and Educational Activity, the Office of Naval Research, and ExxonMobil.”

The Hawaii State DOE is the ninth largest U.S. school district and the only statewide educational system in the country. It is comprised of 288 schools and serves more than 185,000 students.

Hawaii’s public school system was established in 1840 by King Kamehameha III. To learn more, visit HawaiiPublicSchools.org.

IPC receives national recognition for community ‘Night Out’

Neighborhood events teach residents crime awareness

ISLAND PALM COMMUNITIES
News Release

SCHOFIELD BARRACKS — With nearly a thousand residents and several government and community organizations participating in Island Palm Communities’ (IPC’s) National Night Out, each year, IPC has received national recognition.

The National Association of Town Watch recently recognized IPC with awards in two categories: Military Participation and Neighborhood/Communities.

National Night Out is a national event that encourages residents to attend block parties and other social events as a stand against crime and an opportunity to meet and get to know those in their community.

IPC is proud to share the National Night Out award with the many organizations that have contributed to the success of the event:

- Army and Air Force Exchange Service (AAFES)
- Army Child & Youth Services, SKIES Program



- Army Community Service
- Cub Scouts, Pack 166
- Directorate of Emergency Services
- Directorate of Family and Morale, Welfare and Recreation
- Federal Fire Department
- Girl Scouts, Kolekole Troop
- Hawaii DKI
- Hui ‘O Na Wahine Spouses Club
- U.S. Army Corps of Engineers
- U.S. Coast Guard



IPC recently received recognition from the National Association of Town Watch for its annual National Night Out event. Accepting the award are (from left) Deputy Chief Antonio Williams, DES, U.S. Army Garrison-Hawaii; Tom Adams, director of property management, IPC; Command Sgt. Maj. Philip Brunwald, senior enlisted leader, USAG-HI; Sheryl Ferido, resident services coordinator, IPC; Lt. Col. Kenneth Sanderson, executive officer, USAG-HI; and Pete Sims, project director, IPC.

Soldiers can avoid low vision with eye protection

Magnifiers help low vision

TRI-SERVICE VISION CONSERVATION AND READINESS PROGRAM STAFF
U.S. Army Public Health Command

ABERDEEN PROVING GROUNDS, Md. — February is Low Vision Awareness Month.

Low vision is a general term used to describe partial sight or sight that is not fully correctable by lenses, surgery or medication.

In the United States, the most common causes of low vision are age-related macular degeneration (AMD), the leading cause of vision loss for people over the age of 50. Other causes include glaucoma, cataracts, diabetic retinopathy, albinism, some birth-related conditions and trauma.

Doctors help low vision patients increase visual function by prescribing and training them to use magnifiers, prisms and automated reading and writing devices. These alternatives help maximize existing vision and teach peo-

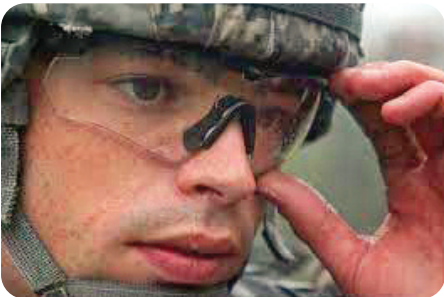


Photo courtesy U.S. Army

Soldiers can avoid most eye injuries simply by using appropriate eye protection at work, home, during recreational activities and any time eye hazards are present.

ple how to accomplish things they would like to do by using technology and other senses, such as hearing and touch.

Roughly 92 percent of Army personnel are under the age of 40, so the more immediate

low vision concern is from trauma. An eye injury can occur literally faster than the blink of an eye, and in that brief time, the injury may cause permanent loss of vision. Unlike AMD, glaucoma and cataracts, trauma can be prevented or reduced through basic safety precautions.

The best way to preserve your vision is to protect it. People can drastically reduce the risk of certain conditions, such as diabetes, through a good diet and exercise. Soldiers can reduce the risk of cataracts by wearing sunglasses that block ultraviolet light or by limiting exposure to it.

Finally, Soldiers can avoid most eye injuries simply by using appropriate eye protection at work, home, during recreational activities and any time eye hazards are present.

Prevent Blindness America estimates 90 percent of eye injuries are preventable simply with the use of proper protective equipment. Current Military Combat Eye Protection

Approved Eyewear

The Approved Protective Eyewear List (APEL) shows tested and approved MCEP devices.

The eyewear on the APEL meets and goes beyond the impact requirements for standard industrial safety glasses by 4-6 times, depending on whether the eyewear is a spectacle or a goggle.

View approved eyewear at <https://peosoldier.army.mil/equipment/eyewear/>.



(MCEP) devices represent over 50 years of research and development. All its work becomes useless when a Soldier suffers an eye injury because he/she was not wearing the proper protection.

“Preserve Your Sight to Fight.” Wear your MCEP whenever an eye hazard is present!

Glaucoma checks urged; 2nd leading cause of blindness

KATHERINE ROSARIO
Lyster Army Health Clinic Public Affairs

FORT RUCKER, Ala. — Nearly 2.7 million people live with glaucoma, an eye disease that limits vision and can often leave a person blind.

Those numbers, according to the National Eye Institute, are expected to rise to a projected 6.3 million in 2050.

As the second leading cause of blindness, behind cataracts, glaucoma can occur under normal or elevated fluid pressure in the eyes. The disease can be treated through eye drops and even surgery. Taking preventive measures, such as having regular eye exams, can help catch the disease early before it affects a person’s vision.

“Adults ages 40 and above, minorities and those with a family history of glaucoma or diabetes are most at risk for the disease,” said Capt. Bret Lehman, optometrist at Lyster Army Health Clinic, here.

A comprehensive eye exam should be done every one to two years, he said.

“Risk factors for glaucoma include age, family history, hypertension, diabetes and race,” Lehman said. “The risk of developing glaucoma is four to five times greater among African-



Photo courtesy Tripler Army Medical Center Public Affairs

HONOLULU — Dr. Marion Ewan, Tripler Army Medical Center Optometry Clinic, screens Charity Del Rosario for myopia during an eye examination at TAMC, here, recently.

Americans.”

An optometry clinic staff can evaluate eye health and detect chronic and suspect diseases, such as glaucoma and other eye diseases related to diabetes and hypertension, he said.

“Although glaucoma cannot be prevented, it can be

“Adults ages 40 and above, minorities and those with a family history of glaucoma or diabetes are most at risk for the disease.”

— Capt. Bret Lehman
Optometrist at Lyster Army Health Clinic

Tripler Army Medical Center

Patients can schedule an appointment with Tripler Optometry by calling 433-8462.

treated and controlled if diagnosed early,” he said. “Treatment usually begins with eye drops and follow-up eye exams to determine the severity of the disease.”

CSF2 launches new social media

COMPREHENSIVE SOLDIER AND FAMILY FITNESS
Public Affairs

ARLINGTON, Va. — The Comprehensive Soldier and Family Fitness (CSF2) program has launched a new social media platform, called ArmyFit, for Soldiers, their families and Army civilians.

ArmyFit is designed to offer members of the total Army with tools and resources that will help them be more self-aware, and therefore have the ability to begin the process of self-development and self-improvement.

“Being Army fit is a state of mind in addition to having a strong physical capability,” said Col. Kenneth Riddle, CSF2 director. “The ArmyFit online platform is designed to build one’s comprehensive fitness across all areas of strength: social, emotional, spiritual, family and physical. ArmyFit will help our Army family be Army Strong, both physically and psychologically.”

Understanding that self-awareness is key to self-improvement, the user begins by taking a scientifically validated self-assessment survey, known as the Global Assessment

Tool (GAT 2.0). Once users receive their results in the five areas of strength on the GAT 2.0, they then receive recommended tools and resources tailored to them within the ArmyFit environment. ArmyFit is tailored to an Army audience, making the platform one of a kind.

Recognizing that Soldiers, their families and Army civilians face unique challenges as part of Army life, CSF2 wants to ensure members of the total Army have what they need to be successful throughout their careers.

“The tools and capabilities of ArmyFit enable Soldiers, their families and civilians to take control of their self-development in all dimensions of strength,” said Sgt. 1st Class Robert Trice, CSF2 program manager at Fort Carson, Colo. “I’ve provided Resilience Training to Soldiers at my unit, and I know that ArmyFit is an excellent supplement to formal resilience and performance training.”

“In addition to online tools and resources, ArmyFit also provides an opportunity for our Soldiers and their families to connect virtually,” said Riddle. “With constant moves and deployments, it’s often hard to connect with others that understand what you may be going through. Being able to share improvements in the various areas of fitness, compete against each other in friendly competitions and be part of this community will help our Soldiers and their families feel connected.”

CSF2 plans to keep adding new content and functions to ArmyFit over the coming months. These include the ability to sync a personal activity monitor’s data with the site to chart a person’s daily physical activity and to use that data to compete with other users.

CSF2 is also developing a geo-targeting capability that will allow users to locate experts and resources in their immediate area and to turn virtual communities into local face-to-face group activities.

“The launch of the ArmyFit online platform is just the start,” said Trice. “As Soldiers, their families and Army civilians engage more with the platform, the more ready and resilient they will be.”



Online Resource

For more information on ArmyFit, visit <http://csf2.army.mil>.



DOD JUNIOR GOLF



Photo courtesy The First Tee of Hawaii

WAIALUA — Thanks to a Department of Defense grant, The First Tee of Hawaii junior golf program that teaches youth ages 6-18 years life skill education curriculum through the game of golf will be available to active duty, reserve and National Guard children at no cost. Programs are conducted at Bay View Driving Range & Golf Course-Kaneohe, Hickam Air Force Base Par 3, Hawaii Kai Golf Course, Hawaii Country Club-Kunia Road, Hoakalei County Club in Ewa Beach and Turtle Bay Links.

To enroll your child before the Feb. 28 deadline, contact Ken Zitz at 478-3466 or kwz711@hawaii.rr.com, or Kellan Anderson at 599-0996 or kellananderson@yahoo.com. For more information, visit www.thefirstteehawaii.org.

**ARMYFIT™**
COMPREHENSIVE SOLDIER AND FAMILY FITNESS



STEP 1

Go online to <https://armyfit.army.mil>

STEP 2

Learn your Global Assessment Tool (GAT) score in the five dimensions of strength and discover your RealAge®

STEP 3

Start using ArmyFit™, connect with experts and organizations, build your resilience and enhance your performance













